



St. Lawrence University

2010

Lake Placid, NY

Schedule of Skiing Events

Thursday, January 14th

12:00-5pm	XC course inspection	Mt. Van Hoevenberg
7:00 pm	Alpine & Nordic Coaches Meeting	Crowne Plaza

Friday, January 15th

10:00 am	Women's 5K Classic	Mt. Van Hoevenberg <i>Ladies 5K trail</i>	
9:30 am	Women's	GS 1 st run	Whiteface Mt.
10:30 am	Men's	GS 1 st run	Thruway/Draper's Drop
11:30 am	Men's 10K Classic	Mt. Van Hoevenberg <i>2 x Ladies 5K trail</i>	
1:00 pm	Women's	GS 2 nd run	Whiteface Mt.
1:45 pm	Men's	GS 2 nd run	Thruway/Draper's Drop
4:00 pm	Alpine Coaches Meeting	NYSEF Building Whiteface Mt.	

Saturday, January 16th

10:00 am	Men's 20K Freestyle Mass Start	Mt. Van Hoevenberg <i>Biathlon Trails</i>	
9:30 am	Men's	SL 1 st run	Whiteface Mt.
10:30 am	Women's	SL 1 st run	Draper's Drop
11:30 am	Women's 15K Freestyle Mass Start	Mt. Van Hoevenberg <i>Biathlon Trails</i>	
12:30 pm	Men's	SL 2 nd run	Whiteface Mt.
1:15 pm	Women's	SL 2 nd run	Draper's Drop